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August 2025 Assisted Living Calendar

DISCOVERY COMMONS SAN RAMON
An Integral Senior Living Community

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Back to School Drive! (L) 9:30am Scenic Ride with Peter! (O) 10:00am Donut Bar! (CR) 10:30am Fitness with Coach Jeannine! (CR) 11:00am Bible Reflections with Pastor Bob (L) 1:30pm Casino Games: Black Jack! (CR) 3:00pm International Beer Day! (L) 4:00pm Afternoon Walk	**2** 9:00am Dog Surfing Competition Viewing! (CR) 10:30am Cardio Drumming! (CR) 10:30am Dog Therapy Visits! (GF) 11:00am AM Errands Transportation 11:00am-12:00pm. Sign up with Front Desk (O) 2:00pm Errand Runs & Shopping Day (2:00-4:00pm) (O) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Uno Game Club! (CR) 6:00pm Movie Night: 'Forrest Gump' (CR)
3 9:35am Church Transportation: Shuttle to St. Joan of Arc (O) 10:45am Church Transportation: Shuttle to Christ Community Church (O) 12:30pm NASCAR Cup Viewing at Iowa Speedway! (Bishop Ranch) 1:30pm National Friendship Day photo collages! (CR) 2:30pm National Watermelon Day- Watermelon Sorbet! (L) 3:00pm Sunday Social! (L) 4:00pm Spiritual Prayer of the Day 5:30pm Discovery Commons UNO Club (L)	**4** 9:30am This Day In History Reading 10:00am Fitness Challenge: Cardio Drumming! (CR) 11:00am Ukulele Class & Sing a-long! (CR) 2:00pm Mind, Body & Soul Class (CR) 3:00pm Wine & Cheese Social: August Jepoardy (L) 4:00pm Uno Game Club! (L) 6:00pm Pokeno! (CR)	**5** 9:30am Medical Appointments Transportation Day 10:30am Silver Sneakers with Nurse Heidi (CR) 11:00am Communion & Conversation with St. Joan of Arc (RF) 1:30pm Hula Dance Class! (CR) 3:00pm Live Piano Performance by Michael! (R) 5:30pm National Night Out Event (C) 6:30pm Pokeno with Ann! (CR)	**6** 9:30am Medical Appointments Transportation Day 10:00am Discovery Choir Club: Music Therapy! (CR) 10:00am Technology 1 on 1 Signups (L) 11:00am Body & Soul with Karen Rice (CR) 1:30pm Game Club: Bingo! (CR) 3:00pm Wine & Cheese Social: Famous Firsts in August Trivia! (L) 6:30pm Western Movie Night! Rooster Cogburn, starring John Wayne and Katharine Hepburn (CR)	**7** 9:00am Uno Game with Kay! (CR) 9:30am Medical Appointments Transportation Day 10:00am Lattes & Roundtable Talk (L) 10:30am Seated Tai Chi Class (CR) 11:00am Ambassador Club: Birthday Cards for residents! (CR) 11:00am Morning Walk & Lemonade (O) 1:30pm Game Club: Bingo! (CR) 3:00pm August Birthdays Celebration! (R) 3:00pm Happy & Hour & Live Music by Ryan G! (R) 6:00pm Resident Movie Pick! (CR)	**8** Back to School Drive! (L) 9:30am Scenic Ride with Peter! (O) 10:30am Mindfulness Gratitude Meditation with Josephine (CR) 11:00am Bible Reflections with Pastor Bob (L) 1:30pm Casino Games: Black Jack! (CR) 3:00pm Elvis Presley Day! (CR) 3:00pm Summer Sippin- New weekly mocktail each week! (C) 4:00pm Afternoon Walk 6:00pm Elvis Movie Night: Blue Hawaii (CR)	**9** Happy Birthday Richard G! 10:30am Cardio Drumming! (CR) 10:30am Dog Therapy Visits! (GF) 11:00am AM Errands Transportation 11:00am-12:00pm. Sign up with Front Desk (O) 1:30pm Team Jeopardy! (CR) 2:00pm Errand Runs & Shopping Day (2:00-4:00pm) (O) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Watercolor Wellness Class (Bishop Ranch) 5:30pm Football Season Viewing: 49ers vs Broncos (CR) 6:00pm Evening Game Club: UNO! (CR)
10 9:35am Church Transportation: Shuttle to St. Joan of Arc (O) 10:45am Church Transportation: Shuttle to Christ Community Church (O) 11:15am Fitness with Alyson! (CR) 1:00pm SF Giants v Nationals (CR) 1:30pm Discovery Bingo Club! (L) 2:30pm National S'mores Day: S'mores Dessert bar! (L) 3:00pm Sunday Social! (L) 4:00pm Spiritual Prayer of the Day 5:30pm Discovery Commons UNO Club (L)	**11** 9:30am This Day In History Reading 10:00am Fitness Challenge: Cardio Drumming! (CR) 11:00am Ukulele Class & Sing a-long! (CR) 2:00pm Mind, Body & Soul Class (CR) 3:00pm Wine & Cheese Social: Whiteboard Jeopardy & Summer Family Feud! (L) 4:00pm Uno Game Club! (L) 6:45pm SF Giants v Padres (CR)	**12** 9:30am Medical Appointments Transportation Day 10:30am Mindful Motion Class (CR) 11:00am Communion & Conversation with St. Joan of Arc (RF) 1:30pm Hula Dance Class! (CR) 3:00pm Luau Performance by Island Spice Dancers! (R) 5:00pm Dementia Support Group with Gia (CR)	**13** 9:30am Medical Appointments Transportation Day 10:00am National Prosecco Day Toast! (L) 10:00am Discovery Choir Club: Music Therapy! (CR) 10:00am Technology 1 on 1 Signups (L) 11:00am Body & Soul with Karen Rice (CR) 1:30pm Game Club: Bingo! (CR) 3:00pm Wine & Cheese Social (L) 3:30pm Worship Service with Pastor Jeremiah! (L) 6:30pm Western Movie Night (CR)	**14** 9:00am Uno Game with Kay! (CR) 9:30am Medical Appointments Transportation Day 10:00am Lattes & Roundtable Talk (L) 10:30am Seated Tai Chi Class (CR) 11:00am Morning Walk & Lemonade (O) 11:30am Lunch Outing! (O) 1:30pm Dougherty Mobile Library (L) 3:00pm Happy & Hour & Live Music by Syria (R) 6:00pm Resident Movie Pick! (CR)	**15** Back to School Drive! (L) 9:30am Scenic Ride with Peter! (O) 10:30am Mindfulness Gratitude Meditation with Josephine (CR) 11:00am Bible Reflections with Pastor Bob (L) 1:30pm Casino Games: Black Jack! (CR) 3:00pm Caribbean Steel Drum Performance (R) 4:00pm Afternoon Walk 7:15pm SF Giants v Rays (CR)	**16** 10:30am Cardio Drumming! (CR) 10:30am Dog Therapy Visits! (GF) 11:00am AM Errands Transportation 11:00am-12:00pm. Sign up with Front Desk (O) 1:00pm Football Season Viewing: 49ers vs Raiders 2:00pm Errand Runs & Shopping Day (2:00-4:00pm) (O) 2:30pm Rootbeer Float Bar (L) 3:00pm Sunflower Painting Class (CR) 6:00pm Evening Game Club: UNO! (CR)
17 9:35am Church Transportation: Shuttle to St. Joan of Arc (O) 10:45am Church Transportation: Shuttle to Christ Community Church (O) 1:30pm Discovery Bingo Club! (L) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Sunday Social! (L) 4:00pm Spiritual Prayer of the Day 5:30pm Discovery Commons UNO Club (L) 6:30pm The Wonderful Wizard of Oz: The Making of a Movie Classic | Full Documentary | Warner Bros. Ent (CR)	**18** 9:30am This Day In History Reading 10:00am Fitness Challenge: Cardio Drumming! (CR) 11:00am Ukulele Class & Sing a-long! (CR) 2:00pm Mind, Body & Soul Class (CR) 3:00pm Wine & Cheese Social: Wizard of Oz Trivia in honor of the premier anniversary! (L) 4:00pm Uno Game Club! (L) 6:30pm Wizard of Oz Movie Event! (CR)	**19** 9:30am Medical Appointments Transportation Day 10:30am Silver Sneakers with Nurse Heidi (CR) 11:00am Communion & Conversation with St. Joan of Arc (RF) 12:00pm Taste the Destination (C) 1:30pm Vintage Album Cover Shoot! (CR) 2:30pm Cotton Candy Bar (L) 3:00pm National Senior Citizens Day Nominations! (L) 3:30pm Resident Council Meeting (CR) 6:30pm Pokeno with Ann! (CR)	**20** 9:30am Medical Appointments Transportation Day 10:00am Discovery Choir Club: Music Therapy! (CR) 10:00am Technology 1 on 1 Signups (L) 11:00am Body & Soul with Karen Rice (CR) 1:30pm Game Club: Bingo! (CR) 3:00pm Wine & Cheese Social: All about Hawaii! (L) 4:00pm National Lemonade Day- Hydration Station! (L) 6:30pm Western Movie Night (CR)	**21** National Senior Citizens Day 9:00am Uno Game with Kay! (CR) 9:30am Medical Appointments Transportation Day 10:00am Lattes & Roundtable Talk (L) 10:30am Seated Tai Chi Class (CR) 11:00am National Senior Citizens Day Smoothie Bar! (L) 11:00am Morning Walk & Lemonade (O) 1:30pm Game Club: Bingo! (CR) 3:00pm Happy & Hour & Live Music by Jeff Wessman (R) 5:00pm National Senior Citizens Day Awards Night! (R) 6:00pm Resident Movie Pick! (CR)	**22** Back to School Drive! (L) 9:30am Scenic Ride with Peter! (O) 10:30am Mindfulness Gratitude Meditation with Josephine (CR) 11:00am Bible Reflections with Pastor Bob (L) 1:30pm Casino Games: Black Jack! (CR) 3:00pm End of Summer Luau with Live Music by JD! (R) 4:00pm Afternoon Walk 5:00pm SF Giants v Brewers (CR)	**23** 10:30am Cardio Drumming! (CR) 10:30am Dog Therapy Visits! (GF) 11:00am AM Errands Transportation 11:00am-12:00pm. Sign up with Front Desk (O) 1:30pm Game Club- UNO & Left Right Center (CR) 2:00pm Errand Runs & Shopping Day (2:00-4:00pm) (O) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Music for America Youth Group Performance! (R) 5:30pm Football Season Viewing: 49ers v Chargers (CR) 6:00pm Evening Game Club: UNO! (CR)
24 9:35am Church Transportation: Shuttle to St. Joan of Arc (O) 10:45am Church Transportation: Shuttle to Christ Community Church (O) 11:15am Fitness with Alyson! (CR) 1:30pm Sunday Social: Bingo! (L) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Volunteer Club: Dog Blankets for Animal Shelter (CR) 4:00pm Spiritual Prayer of the Day 5:30pm Discovery Commons UNO Club (L)	**25** 9:30am This Day In History Reading 10:00am Fitness Challenge: Cardio Drumming! (CR) 11:00am Ukulele Class & Sing a-long! (CR) 2:00pm Mind, Body & Soul Class (CR) 3:00pm Wine & Cheese Social: Dog Trivia in honor of National Dog Day tomorrow! (L) 4:00pm Uno Game Club! (L) 6:00pm Pokeno! (CR)	**26** 9:30am Medical Appointments Transportation Day 10:30am Mindful Motion Class (CR) 11:00am Communion & Conversation with St. Joan of Arc (RF) 1:30pm National Dog Day Celebration! Come meet the dogs from Valley Humane Society! (C) 3:00pm Live Music by Kendall! (R) 6:30pm Movie Night: 'Old Yeller' (CR)	**27** 9:30am Medical Appointments Transportation Day 10:00am Discovery Choir Club: Music Therapy! (CR) 10:00am Technology 1 on 1 Signups (L) 11:00am Body & Soul with Karen Rice (CR) 1:30pm Game Club: Bingo! (CR) 3:00pm Wine & Cheese Social: Back to School Throwback Trivia (L) 6:30pm Western Movie Night (CR)	**28** 9:00am Uno Game with Kay! (CR) 9:30am Medical Appointments Transportation Day 10:00am Lattes & Roundtable Talk (L) 10:30am Seated Tai Chi Class (CR) 11:00am Morning Walk & Lemonade (O) 1:30pm Game Club: Bingo! (CR) 3:00pm Happy & Hour & Live Music by Jack M! (R) 6:00pm Resident Movie Pick! (CR)	**29** Back to School Drive! (L) 9:30am Scenic Ride with Peter! (O) 10:30am Mindfulness Gratitude Meditation with Josephine (CR) 11:00am Bible Reflections with Pastor Bob (L) 1:30pm Casino Games: Black Jack! (CR) 3:00pm Cold stone Creamery Outing! (O) 4:00pm Afternoon Walk 7:15pm SF Giants v Orioles (CR)	**30** 10:30am Cardio Drumming! (CR) 10:30am Dog Therapy Visits! (GF) 11:00am AM Errands Transportation 11:00am-12:00pm. Sign up with Front Desk (O) 1:30pm Game Club- UNO & Left Right Center (CR) 2:00pm Errand Runs & Shopping Day (2:00-4:00pm) (O) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Health & Wellness: You Are What You Eat: A Twin Experiment (Bishop Ranch) 6:00pm Evening Game Club: UNO! (CR)
31 9:35am Church Transportation: Shuttle to St. Joan of Arc (O) 10:45am Church Transportation: Shuttle to Christ Community Church (O) 11:15am Fitness with Alyson! (CR) 1:30pm Discovery Bingo Club! (L) 2:30pm Grab & Go: Popcorn Bar (L) 3:00pm Sunday Social! (L) 4:00pm Spiritual Prayer of the Day 5:30pm Discovery Commons UNO Club (L) 6:00pm Movie Night: 'Becoming Princess Diana' (CR)	*Happy Birthday! Richard G!*		*National Night Out...8/5 at 5:30pm* *Dementia Support Group.....8/12 at 5:00pm* *National Senior Citizens Day.....8/21* *Back to School Drive.... All Month Long!*	*Back to School Drive.... All Month Long!* *Taste the Destination Lunch- 8/19*		